

 Send to a Colleague



Your prescription for a healthy retirement.

Sign up for **WealthRx**, a monthly e-newsletter packed with wealth and wellness tips to help you make the most of your retirement.

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"The AB Blog on Investing offers valid insight regarding passive and active investing strategies."

- Rodger Metzger, President, Chief Investment Officer
Investment Advisory

Passive or Active Equities: Why Choose Just One?

Passive investing is popular-but it isn't risk free. By combining active and passive approaches in an equity allocation, we think investors can effectively reduce risk relative to a single manager and also enjoy better returns than those of the benchmark. [Read more>](#)



"The decision to take a lump sum or lifetime payment is based on many individual factors. This article from Plan Sponsor offers tips for participants to consider when faced with that choice."

- Ronald Schlee, Vice President and Consulting Actuary

Pension Buyout Guide Weighs Lump Sum vs. Annuity.

A new guide from the Consumer Financial Protection Bureau charts the complex twists and turns involved in a pension buyout-especially the trade-offs individuals face between lump sums and lifetime payouts. [Read more>](#)



"The new year is always a good time to evaluate personal finances and make adjustments based on life occurrences. Vanguard offers tips to help keep you on track."

- Arthur Meizner, Director, Investment Consulting Services
Investment Advisory

Control the Controllables: Investing Resolutions for 2016.

It's the time of year when many of us make an effort to do better-eat healthier, exercise more, try something new. As the holiday bills come rolling in, financial goals may be on your participants' minds as well. [Read more>](#)



"Plan Sponsor provides interesting data regarding pre-retirement income and Social Security benefits."

- Barry Bonetti, Managing Director
Retirement Services

How Much Pre-Retirement Income Will Social Security Replace?

New data shows Social Security will actually replace more pre-retirement income than the average the Social Security Administration reports. [Read more>](#)

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